

## Title A. Safety measures

**Overview:** This Competency Standard identifies the competencies required to safety measures rules at workplace by Tailoring. He will be expected to apply personal safety measures, apply workplace safety measures, apply tools & equipment safety measures and apply job safety measures at all times. His supporting knowledge regarding safety rules will be sufficient to provide his the basis for his work.

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
A1.Apply personal safety measures	He will be able to:  P1. Select personal protective equipment. P2. Ensure Personal Protective equipment protective equipment is cleaned and in running condition.	He will be able to:  K1. Explain Importance of using Personal Protective Equipment K2. Explain the safety Maintenance	Thumb cap, Thumb pin
A2.Apply workplace safety measures	He will be able to:  P1. Apply following safety measures at workplace <ul style="list-style-type: none"> <li>• Ensure Ventilation</li> <li>• Availability of Fire extinguishers</li> <li>• Availability of proper Light</li> </ul> P2.Properhousekeeping at workplace.	He will be able to:  K1. Explain Importance of safety at workplace and its implications (effects).  K2. Explain housekeeping	Fire extinguisher, Tool box/bins, Safety covers, First aid box, lighting system,
			cleaning tools and equipment

## Title B. Pattern Making

**Overview:** This competency standard identify the competencies required to pattern Making. He will be able make a draft according to size and cut a pattern.

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
B1.Prepare Material B2 .Take standard Body Measure B 3. Make a draft according to size B4. Cut Pattern of the draft B5. Make information chart	He will be able to:  P 1. Required collect P 2. Make a draft don white sheet P3. Cut a pattern on cardboard with help of the draft P4. Make in format chart on the pattern P5. Make balance marks on the pattern.	He will be able to:  K 1. Explain Importance of drafting K.2 Difference between draft and pattern K3. Identify pattern information like, S. A and H.A etc	<ul style="list-style-type: none"> <li>• White Sheets</li> <li>• Set of scales</li> <li>• French</li> <li>• Note Pad</li> <li>• Lead pencil</li> <li>• Eraser</li> <li>• Sharpener</li> <li>• Scissors</li> <li>• Gum</li> <li>• Thumb pins</li> <li>• Stapler</li> <li>• Drawing board</li> <li>• Klotcher</li> <li>• Hanger</li> <li>• Paper weight</li> <li>• Pattern sheet</li> <li>• Cutters</li> <li>•</li> </ul>

## Title C. Make a Lady's Shirt

**Overview:** This competency standard identify the competencies required to Make a lady's Shirt . He will be able to stich a Lady's Shirt.

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
C1.Prepare Material	He will be able to:  P 1. Arrange Fabric and lining P 2. Arrange Accessories P3. Select required Design P4. Interpret Measurements as per requirements .	He will be able to:  K 1. Identify different Kinds of Fabric and lining K.2 Identify different accessories used in a Ladies' Shirt K.3 Explain latest Fashion Trends K.4 Explain Consumption of Fabric, lining and accessories K 5. Identify speech sheet	<ul style="list-style-type: none"> <li>● Fashion Magazines</li> <li>● Measurement Tape</li> <li>● Calculator</li> <li>● Pen</li> <li>● Note pad</li> <li>● Spec sheet</li> <li>● Tailor chalk</li> <li>● Set of scales</li> <li>● scissors</li> </ul>
C2. Take Measurements	He will be able to P1. Take Direct Body Measurements P2. Make Arm hole Depth P3. Nape to waist P4. Waist to Hip P5. Total Length P6. Make a size 6 frost side of lady's Shirt <ul style="list-style-type: none"> <li>a. Front chest line</li> <li>b. F W L</li> <li>c. F H L</li> <li>d. F B L</li> <li>e. F Shoulder</li> <li>f. F Neck line width</li> <li>g. F Neck line length</li> </ul>	K 1. Explain how to take direct body measurement K 2 . Explain standard size of shirt K 3 . Explain Small, Medium Large and extra Large size	<ul style="list-style-type: none"> <li>● Note Pad</li> <li>● Pen</li> <li>● Measurement Tape</li> <li>● Calculator</li> </ul>

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
C3 Perform Drafting	P1 . Make a draft according to the size and design	K1. Explain how to make a draft according to size and design	<ul style="list-style-type: none"> <li>• White shirt</li> <li>• Iraser</li> <li>• Shapner</li> <li>• Pen</li> <li>• Not pad</li> <li>• Pattern shirt</li> <li>• Cutter</li> <li>• Scissor</li> <li>• Setoff</li> <li>• Scla</li> <li>• Tracir</li> <li>• Thumb pin</li> <li>• Drawing board</li> </ul>
C4 Cut pattern	P1 . Make a patter with the help of the draft P2. Make information Box on the pattern P 3. Make Notches onit P4 . Make a grainline	K 1. Explain how to make a pattern with help of the draft K2. Explain Information box K3. Identify grain line	<ul style="list-style-type: none"> <li>• Cutting table</li> </ul>
C5 Cut a shirt	P1. Interpret spec sheet pattern P2. Mark on Fabric according to information box of the pattern P3. As per P4. Make Balance Marks P5. Mark S.A and H A Cut fabric as per marks  P1.	K 1 . Explain spec shirt K 2. Explaining Cutting method in sequence K 3. Explain Key Point of the pattern K 4. Explain grain line K 5 . Explain no of cuts  K1. Explain types of basic necklines	<ul style="list-style-type: none"> <li>• Scissor</li> <li>• Cutter</li> <li>• Tailoring pattern</li> <li>• Iron</li> <li>• Tht pias</li> <li>• Comen pins</li> <li>• Sewin Machine</li> <li>• Over lock machine</li> <li>• Iron</li> </ul>

<b>Unit of Competency</b>	<b>Performance Criteria</b>	<b>Knowledge</b>	<b>Tools &amp; Equipment</b>
C6 Perform Sewing	P2. Attach zipper Neatly cvisible , Invisible P3. Attach skeves on AH P4. Insert Dorts P5. Make placket and collar stand P6 Flob slits and bottom line on mark P7. Sleeres Hole on basic standards complete the shirt on modern lines and finish of as time P8. Attach Batton P9. Handle , Electric sewing machine P10. Make different tipes of sean and piping P11. Attach separate fabric and uneven facing	K2. Identify types of zipers K3. Explain Types of seams K4.Types of pintex identify geathers K5. Explain Types of Facing K6. Explain placket K 7. Identify different darts K8. Explain types of inachines	<ul style="list-style-type: none"> <li>● Scissors</li> <li>● Hand needle</li> <li>● Commo pins</li> <li>● Iron table</li> <li>● Measurement tape</li> <li>● Tailor chalk</li> <li>● Thumbcap</li> <li>● Set of scales</li> </ul>
C7 Perform finishing	P1. Clip Extra thread P2. Press seams on arm holes,side seam, slits, bottomline, and neck line ( F.B)	K1 Explain Methods of pressing new constructed seams K2 identify clipping	<ul style="list-style-type: none"> <li>● Cliper</li> <li>● Iron</li> <li>● Iron table</li> <li>● Tlarger</li> </ul>

## Title D. Make a lady's Shalwar

**Overview:** This competency standard identify the competencies required to Make a lady's Shalwar . He will be able to stich a Lady's Shalwar.

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
D1.Prepare Material	He will be able to:  P 1. Arrange Fabric and lining P 2. Arrange Accessories P3. Select required Design P4. Interpret Measurements as per requirements .	He will be able to:  K 1. Identify different Kinds of Fabric and lining K.2 Identify different accessories used in a Ladies' Shirt K.3 Explain latest Fashion Trends K.4 Explain Consumption of Fabric, lining and accessories K 5. Identify speech sheet	<ul style="list-style-type: none"> <li>• Fashion Magazines</li> <li>• Measurement Tape</li> <li>• Calculator</li> <li>• Pen</li> <li>• Note pad</li> <li>• Spec sheet</li> <li>• Tailor chalk</li> <li>• Set of scales</li> <li>• scissors</li> </ul>
D 2 . Take Measurements	He will be able to P1. Take stranded Body Measurements P2. Find a total length P3. Calculate weight of Shalawar P4. Length of miani P5. Calculate Weight of foothol	K 1. Explain how to take direct body measurement K 2 . Explain standard size of shirt K 3 . Explain Small, Medium Large and extra Large size	<ul style="list-style-type: none"> <li>• Not Pad</li> <li>• Pen</li> <li>• Measurement Tape</li> <li>• Calculator</li> </ul>

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
D3 Perform Drafting	P1 . Make a draft according to the size and design	K1. Explain how to make a draft according to size and design	<ul style="list-style-type: none"> <li>• White shirt</li> <li>• iraser</li> <li>• Shapner</li> <li>• Pen</li> <li>• Not pad</li> <li>• Pattern shirt</li> <li>• Cutter</li> <li>• Scissor</li> <li>• Setoff</li> <li>• Scla</li> <li>• Tracir</li> <li>• Thumb pin</li> <li>• Drawing board</li> <li>• Cutting table</li> <li>• Scissor</li> <li>• Cutter</li> <li>• Tailoring pattern</li> <li>• Iron</li> <li>• Tht pias</li> <li>• Comen pins</li> <li>• Sewin Machine</li> <li>• Over lock machine</li> </ul> Iron

<b>Unit of Competency</b>	<b>Performance Criteria</b>	<b>Knowledge</b>	<b>Tools &amp; Equipment</b>
D4 Cut pattern	P1 . Make a patter with the help of the draft P2. Make information Box on the pattern P 3. Make Notches on it P4 . Make a grainline	K 1. Explain how to make a pattern with help of the draft K2. Explain Information box K3. Identify grain line	<ul style="list-style-type: none"> <li>• White shirt</li> <li>• iraser</li> <li>• Shapner</li> <li>• Pen</li> <li>• Not pad</li> <li>• Pattern shirt</li> <li>• Cutter</li> <li>• Scissor</li> <li>• Setoff</li> <li>• Scla</li> <li>• Tracir</li> <li>• Thumb pin</li> <li>• Drawing board</li>   <li>• Cutting table</li>   <li>• Scissor</li>   <li>• Cutter</li>   <li>• Tailoring pattern</li>   <li>• Iron</li>   <li>• Tht pias</li>   <li>• Comen pins</li> </ul>



Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
D5 Cut a Shalwar	P1. Interpret spec sheet pattern P2. Mark on Fabric according to information box of the pattern P3. As per P4. Make Balance Marks P5. Mark S.A and H A Cut fabric as per marks	K 1 . Explain spec shirt K 2. Explaining Cutting method in sequence K 3. Explain Key Point of the pattern K 4. Explain grain line K 5 . Explain no of cuts	<ul style="list-style-type: none"> <li>• Cutting table</li> <li>• Scissor</li> <li>• Cutter</li> <li>• Tailoring pattern</li> <li>• Iron</li> <li>• Tht pias</li> <li>• Comen pins</li> <li>• Sewin Machine</li> <li>• Over lock machine</li> <li>• Iron</li> <li>•</li> </ul>
D6 Perform Sewing	P1. Assemble of all cut parts P2. Make folder for nafa P3. Make foot Holes P4. Make in side seam P5. Make loose belt P6. Make fix belt P7. make gather /pleats P8. Attach Hook	K1. Explain types of basic Shalwar  K2. Identify types of zipers K3. Explain Types of seams K4. Types of pintex identify geathers K5. Explain Types of Facing K6. Explain placket K 7. Identify different darts K8. Explain types of inachines	<ul style="list-style-type: none"> <li>• Scissors</li> <li>• Hand needle</li> <li>• Commo pins</li> <li>• Iron table</li> <li>• Measurement tape</li> <li>• Tailor chalk</li> <li>• Thumbcap</li> <li>• Set of scales</li> </ul>

<b>Unit of Competency</b>	<b>Performance Criteria</b>	<b>Knowledge</b>	<b>Tools &amp; Equipment</b>
D7 Perform finishing	P1. Clip Extra thread P2. Press seams on arm holes, side seam, slits, bottomline, and neck line ( F.B)	K1 Explain Methods of pressing new constructed seams K2 identify clipping	<ul style="list-style-type: none"> <li>• Cliper</li> <li>• Iron</li> <li>• Iron table</li> <li>• Tlarger</li> </ul>

## Title E. Make a trouser

**Overview:** This competency standard identify the competencies required to Make a lady's Trouser . He will be able to stich a Lady's Trouser.

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
E1.Prepare Material	He will be able to:  P 1. Arrange Fabric and lining P 2. Arrange Accessories P3. Select required Design P4. Interpret Measurements as per requirements .	He will be able to:  K 1. Identify different Kinds of Fabric and lining K.2 Identify different accessories used in a Ladies' Shirt K.3 Explain latest Fashion Trends K.4 Explain Consumption of Fabric, lining and accessories K 5. Identify speech sheet	<ul style="list-style-type: none"> <li>• Fashion Magazines</li> <li>• Measurement Tape</li> <li>• Calculator</li> <li>• Pen</li> <li>• Note pad</li> <li>• Spec sheet</li> <li>• Tailor chalk</li> <li>• Set of scales</li> <li>• scissors</li> </ul>
E 2. Take Measurements	He will be able to P1. Take stranded Body Measurements P2. Take west measurement P3. Take hep measurement P4. Mark west to hip P5. Mark hip to knee the measurement P6. Take total length of trouser P7. Measure Front side of the trouser <ol style="list-style-type: none"> <li>a. mark front waist line</li> <li>b. Mark front hip line</li> <li>c. Mark front knee</li> <li>d. Mark front bottom line</li> <li>e. Insert darts on waist line</li> </ol> P8 . Measure back side of trouser	K 1. Explain how to take direct body measurement K 2 . Explain standard size of shirt K 3 . Explain Small, Medium Large and extra Large size	<ul style="list-style-type: none"> <li>• Not Pad</li> <li>• Pen</li> <li>• Measurement Tape</li> <li>• Calculator</li> </ul>

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
	f. mark back waist line g. Mark back hip line h. Mark back knee i. Mark back bottom line j. Insert darts on waist line		
E3 Perform Drafting	P1 . Make a draft according to the size and design	K1. Explain how to make a draft according to size and design	<ul style="list-style-type: none"> <li>• White shirt</li> <li>• iraser</li> <li>• Shapner</li> <li>• Pen</li> <li>• Not pad</li> <li>• Pattern shirt</li> <li>• Cutter</li> <li>• Scissor</li> <li>• Setoff</li> <li>• Scla</li> <li>• Tracir</li> <li>• Thumb pin</li> <li>• Cutting table</li> <li>• Scissor</li> <li>• Cutter</li> <li>• Tailoring pattern</li> <li>• Iron</li> <li>• Tht pias</li> <li>• Comen pins</li> <li>• Sewin Machine</li> <li>• Over lock machine</li> </ul> Iron

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
E4 Cut pattern	P1 . Make a patter with the help of the draft P2. Make information Box on the pattern P 3. Make Notches on it P4 . Make a grainline	K 1. Explain how to make a pattern with help of the draft K2. Explain Information box K3. Identify grain line	<ul style="list-style-type: none"> <li>• White shirt</li> <li>• Iraser</li> <li>• Shapner</li> <li>• Pen</li> <li>• Not pad</li> <li>• Pattern shirt</li> <li>• Cutter</li> <li>• Scissor</li> <li>• Setoff</li> <li>• Scla</li> <li>• Tracir</li> <li>• Thumb pin</li> <li>• Drawing board</li> <li>• Cutting table</li> <li>• Scissor</li> <li>• Cutter</li> <li>• Tailoring pattern</li> <li>• Iron</li> <li>• Tht pias</li> <li>• Comen pins</li> </ul>
E5 Cut a trouser	P1. Interpret spec sheet pattern P2. Mark on Fabric according to information box of the pattern P3. As per P4. Make Balance Marks P5. Mark S.A and H A Cut fabric as per marks	K 1 . Explain spec shirt K 2. Explaining Cutting method in sequence K 3. Explain Key Point of the pattern K 4. Explain grain line K 5 . Explain no of cuts	<ul style="list-style-type: none"> <li>• Scissor</li> <li>• Tailoring pattern</li> <li>• Iron</li> <li>• Tht pias</li> <li>• Sewin Machine</li> <li>• Over lock machine</li> <li>• Iron</li> </ul>

Unit of Competency	Performance Criteria	Knowledge	Tools & Equipment
E6 Perform Sewing	P1. Fastened Zipper P2. Join Front and back sides of trouser P3. Make inside seams P4. Attach waist belt P5. Make bottom lines P6. Attach hook	K1. Explain types of basic Shalwar  K2. Identify types of zippers K3. Explain Types of seams K4. Types of pintex identify geathers K5. Explain Types of Facing K6. Explain placket K 7. Identify different darts K8. Explain types of inachines	<ul style="list-style-type: none"> <li>• Scissors</li> <li>• Hand needle</li> <li>• Commo pins</li> <li>• Iron table</li> <li>• Measurement tape</li> <li>• Tailor chalk</li> <li>• Thumbcap</li> <li>• Set of scales</li> </ul>