

## QUESTION POOL FOR INTERVIEW / TEST

### SHORT QUESTIONS

1. Why is it necessary to cleanse the hair and scalp regularly?
2. When is conditioner applied to the hair?
3. Name two different methods of removing hair from body.
4. What are the ingredients of hot wax?
5. Define manicure.
6. How many layers does the skin has?
7. How can the skin be analyzed?
8. What are the pre requisites of massage?
9. Name any three different types of massage therapies
10. What is the importance of skin scrubbing.
11. Which parts of the face are contoured?
12. How can the foundation be applied during makeup?
13. What does perming of hair mean?
14. What are the characteristics of curly hair?
15. Which tools and equipment are required for hair cutting?
16. What is the required caloric intake for pregnant women?
17. What is cholesterol?
18. Which vitamins are good for skin?
19. How many glasses of water should be drunk in a day.
20. Explain the exercise for reducing abdominal fat.

### MCQ'S

1. Which thread is used in threading?  
A. Silk thread  
B. Cotton thread  
C. Shimmery thread  
D. Plastic thread.
2. In which direction is the wax strip ripped off  
A. Opposite direction of the hair growth  
B. Same direction of the hair growth.  
C. Parallel direction of the hair growth.  
D. Sideward direction of the hair growth.
3. Excess oil can be reduced by  
A. Massaging the skin  
B. Cleansing the skin  
C. Applying polisher on skin  
D. Applying olive oil on skin.

4. Pressure points are pressed to

- A. Relieve body aches
- B. Beautify the skin.
- C. Treat skin infections
- D. To cleanse the skin.

5. Face masks are applied with a

- A. Sponge
- B. Fingers
- C. Brush
- D. Cotton wool

6. Which machine is used for blackhead extraction?

- A. Magic hammer
- B. Vacuum suction machine
- C. Ozone light steamer
- D. Scrubbing brush

7. Buffing is performed on

- A. Wrists
- B. Nails
- C. Toes
- D. Heels

8. Purpose of cuticle knife is to

- A. Remove dead cuticles
- B. Shape the nails
- C. Buffer the nails
- D. Apply paraffin wax

9. Adult human skeleton consist of

- A. 260 bones
- B. 290 bones
- C. 250 bones
- D. 206 bones

MCQ NUMBER	CORRECT ANSWER
01	B
02	A
03	B
04	A
05	C
06	B
07	B
08	A
09	D